

On August 24, 2021, the Yuzawa-Minamiuonuma-Uonuma Cycling Promotion Council created the Yukiguni Uonuma Golden Cycle Route, the first model route for cycling tourism in



The Yukiguni Uonuma Golden Cycle Route is a cycling route that spans the three localities of Yuzawa Town, Minamiuonuma City, and Uonuma City. It is made up of three sections: the North-Uonuma Stage, the South-Uonuma Stage, and the Sagurigawa Dam Stage. With a total length of 193km, the course represents the rich natural beauty of Yukiguni that changes with the seasons and is dotted with natural and cultural landmarks.



Yukiguni means "Snow Country" and refers to the area's status as Japan's preeminent area of heavy snowfall. Uonuma refers not just to the town of Yuzawa and the cities of Uonuma and Minamiuonuma, but to the wider region, which the Golden Cycle Route will hopefully one day extend to. Golden refers to both the color of the landscape when the rice plants ripen and the aspiration of becoming one of Japan's major cycling routes.



The three dots represent both the mountain ranges and crystals of snow. The infinity symbol is meant to resemble a bicycle's tires as well as the cycling route itself, comprising the North-Uonuma and South-Uonuma Stages

Finally, the Golden Cycle Route can easily be identified by the initials GCR

For more information:







| If travelling by car |
|--|
| Kan-Etsu Expressway |
| Nerima IC - Yuzawa IC ····· 166km |
| Niigata-Nishi IC - Uonuma IC 93km |
| Kanazawa IC - Uonuma IC ·····296km |
| Joban Expressway / Kita-Kanto Expressway |
| Utsunomiya IC - Yuzawa IC 177km |
| Mito IC - Yuzawa IC ·····255km |

okyo/lkebukuro - Uonuma IC3h31m

okvo/lkebukuro - Yuzawa IC3h 1m okyo/lkebukuro - Muikamachi IC …3h17m

If travelling by train Tokyo - Echigo-Yuzawa Tokyo - Urasa · 1h30m Kanazawa - Takasaki - Echigo-Yuzawa Joetsu Line / Hokuhoku Line / Etc.

Echigo-Yuzawa - Muikamachi ······ Urasa - Koide ··· Kanazawa - Joetsu-Myoko - Naoetsu - Nagaoka - Echigo-Yuzawa 3h10m

Yuzawa Town

Daigenta Canyon





An area of natural beauty around Lake Daigenta at the foot of Mt. Daigenta. You can enjoy outdoor sports such as camping, glamping, kayaking, and stand-up paddleboarding (SUP). Down the river is the arch-shaped Daigenta Dam, known for being a historic and culturally significant civil engineering structure. In 2003 it was registered as a Tangible Cultural Property and in 2011 was recognized by the Japan Society of Civil Engineers.

3064-17 Tsuchitaru, Yuzawa Town **2**025-787-3536

Yuzawa Highland Park





The Yuzawa Kogen Ropeway is one of the world's largest ropeways. observation deck, visitors can enjoy a panoramic view of the Golder Cycle Route.

490 Yuzawa, Yuzawa Town ☎025-784-3326



Yuzawa Town History Museum "Yukiguni-kan" 🏦



and history of Yuzawa, in "Snow Country". The "Gallery /ukiguni': World of Japanese Paintings" exhibits paintings cting scenes from the novel "Yukiguni," including "Moon ver Snow Country" by Tatsuo Takayama, a recipient of the Order of Cultural Merit. The exhibition also includes background information on the 354-1 Yuzawa, Yuzawa Town

novel and the secret story behind the filming of the movie adaptation.

Foot Bath "Kannakkuri"





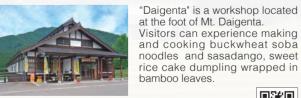
2025-784-3965

The Ashiyu Kannakkuri foot bath is located in the middle of the hot spring resort area that begins at the west exit of Echigo-Yuzawa Station. It is a perfect place to take a break on the route. In local dialect, "Kannakkuri" means

354-9 Yuzawa, Yuzawa Town 2025-785-5505 (Yuzawa Tourism & Community Development Organization)

Workshop "Daigenta"





and cooking buckwheat soba noodles and sasadango, sweet rice cake dumpling wrapped in pamboo leaves.

2025-787-1121



Zuishōan Temple



A Soto Zen temple where you can see the statues of Nio sculpted by Ishikawa Uncho, who is called he Michelangelo of Japan. The statues are his masterpiece. The limbs are colored and they even have the body hair painted.

4595 Tsuchitaru, Yuzawa Town ☎025-785-5505 (Yuzawa Tourism & Community Development Organization)







A stone masonry steel bridge over the uppermost reaches of the Uono River on the JR Joetsu Line. More than 90 years after its construction, it is still in service supporting the railroad. It was selected as the second most beautiful railroad bridge in Japan by a TV

Tsuchitaru, Yuzawa Town 2025-785-5505 (Yuzawa Tourism & Community Development Organization)



Minamiuonuma City

Local Information / Recommended Spots





Shiozawa-juku Bokushi Street flourished as an inn town along the Mikuni Kaido highway connecting Edo and Echigo, and developed as a production center for textiles such as Echigo Jofu (an Important Intangible Cultural Asset) and Shiozawa Tsumugi (a traditional craft), which are special products of the area. The street is lined with rows of gangi arcades, which are unique to Snow Country, and visitors can enjoy an experience like stepping back in time.

1203 Shiozawa, Minamiuonuma City **2**025-782-1206

(Shiozawa Shokokai (Chamber of commerce))



MAP G-3

MAP E-4

Uonuma no Sato



In a corner of Nagamori, Minamiuonuma City, at the foot of Mt. Hakkai, you will find cafes, souvenirs and kitchen goods stores nestled in ne peaceful rural landscape. This includes the lakkaisan Yukimuro. soba restaurant Nagamori, Satova and Tsutsumiva confectionaries, and more. We hope you will enjoy your encounte with Uonuma in its true form with Uonuma in its true form, along with the beautiful colors of the four seasons, which are sure to inspire a certain nostalgia.



Fukoji Temple

☎0800-800-3865



n 1221, the Kamakura Shogunate (Shogun Inamoto no Sanetomo) dedicated the domain of Bishamondō to the landowner Taira Shigemoto, then appointed the monk Dōjōbo Benkaku as a separate ead of Tennō-dō (Bishamondō), and decreed that no one is to be killed for eternity" in the Urasa Kawanishi area. Fukoji temple is said to have been founded when the monk Dojobo Benkaku built a large temple 2495 Urasa, Minamiuonuma City complex here to spread this decree and to execute the temple's duties.

Shakunage Lake

☎025-777-2001





multipurpose field, and other sports and outdoor facilities, as well as the Shakunage Sightseeing Center where you can enjoy wild vegetables and local cuisine. You can experience the best of outdoor life while enjoying the beautiful scenery of the four seasons reflected or the surface of the lake.

☎025-774-2200

745-48 Butai, Minamiuonuma City

Untoan Temple

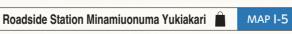


he temple grounds are surrounded by numerous annon (Goddess of Mercy) statues, a 10-meter-high Buddhist reliquary, and old cedar trees over 300 years old, creating an atmosphere befitting of a sacred site. There is a saying, "Have you stepped on the soil of Untoan?" This saving comes from a legend that if you visit the temple while walking upon the path leading away from the red gate, which has a sutra written on individual stones the merit of the Buddha.

MAP H-4

2025-782-0520

2025-783-4500





A MARIANA MARIANA

5531-1 Urasa, Minamiuonuma City

2025-777-5877

The Minamiuonuma Roadside Station consists of three facilities, Imaizumi Memorial Hall", "Four Seasons Tasting Hall", and "Relaxation Plaza", and is a sightseeing spot where you can enjoy the toou, art,
nature of Snow Country.
We invite you to come
and visit Minamiuonuma! 855 Shimohitoichi, Minamiuonuma City and visit Minamiuonuma!

Agricore Echigo Winery





Uonuma City





The market sells seasonal wild plants and vegetables as well as a wide selection of locally produced goods, including white sweet bamboo leaves dumplings wrapped in called "Sasa Yuki Daruma" (Bamboo Snowman) and rice crackers made with Uonuma Koshihikari rice and grilled by hand. The restaurant serves "Yamagottso-Ryori" (Mountain Cuisine), which highlights the flavor of local ingredients. Visitors can also enjoy fishing or taking a stroll around the nearby Kagamigaike Pond. (about 1km)

356-2 Otochiyama, Uonuma City ☎025-796-2500

Roadside Station Yunotani



2025-792-9300

2025-799-3350

market that sells local Uonuma delicacies such as pickles and Koshihikari rice. The restaurant offers set meals featuring Uonuma Koshihikari onigiri (rice balls) and other local specialties. There is also an Uonuma City Information Uonuma City Information
Center where visitors can
find information about
nearby sightseeing spots. 1144 Yoshida, Uonuma City find information about nearby sightseeing spots.

A roadside station with an adjoining

MAP D-3

Kamiyu to Fureainosato (Onsen) MAP C-2



An overnight spa facility with an auto-camping site with a trailer house and a soft house, which can also be used on a day trip. Having a BBQ surrounded by nature, and access to a acuzzi, sauna, and open-air bath will nevitably refresh your body and mind. At the restaurant, you can 583 Kiyomoto, Uonuma City featuring local Koshihikari eniov various set menus



wealthy farmer and as the official residence of a former village chief. It features a stone wall that was built along the old Aizu Highway as well as the characteristic features of a farmhouse in a region prone to heavy snowfall. The main building is an impressive 29 meters in length and 11 meters wide and the arched front and wooden gate are reminiscent of a medieval samurai residence.

rice produced in Uonuma.

☎025-797-3220 (Meguro Residence Management Office)





A hot spring facility located in a former open-air bath building was renovated in 2023, and an indoor bathhouse, sauna room, and multipurpose restroom were added to this compact, barrier-free facility.

2025-796-3033



₩ MAP D-2

Komami, a Hot Spring With a View MAP D-3



A daytime hot spring facility adjacent to Koide Park and Koide Ski Resort, with a wonderful view of the Echigo Sanzan (three mountains of Echigo). The spring water is rich in chloride, so it does not easily cool down and is warm and gentle rooms and guest rooms available for rent, making it ideal for company workshops and club activities and club activities.

YuuPark Yakushi



A hot spring facility located by Yakushi Ski Resort. The spring water is said to relieve various ailments caused by cold and fatigue. The restaurant, ukinoto, serves excellent 100% buckwheat soba noodles made with local flour. There are BBQ facilities

643-1 Nanokaichishinden, Uonuma City **2**025-792-5554

available for use with equipment rental or all-inclusive BBQ packages with food and ingredients.

Regional Routes

In addition to the main route, regional routes have been designed to allow riders to enjoy sightseeing and gourmet spots while cycling around specific areas. They are easily accessible from the train stations in Echigo-Yuzawa, Muikamachi, Urasa, and Koide by renting bicycles. Interactive route maps are available via the "Tour-De" website and app (only in Japanese). The QR code on the reverse side of this map can be scanned to add GCR route information as an overlay in Google Maps.

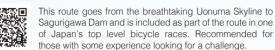
10 30 km Tour of Echigo-Yuzawa's Historic Valleys

Get in touch with the area's nature and history on this course surrounded by ravines and towering mountains. There are a lot of nature-related activities to enjoy at

Journey from Muikamachi Station! Leisurely Ride Around Nobori River-Shiozawa 20km



6 65km Uonuma Skyline & Sagurigawa Dam Challenge



25 km Tour Around the Foothills of Mt. Hakkai

Download the map app here (Japanese only

Emergency Contacts

Minamiuonuma City Fire Department Headquarters ☎025-782-9119

Uonuma City Fire Department Headquarters ☎025-793-0119

Pediatric emergency medical telephone consultation

Please contact us if you notice any road damage such as potholes,

collapsed shoulders, or any other unusual road conditions such as

Phone number Nationwide #9910 (24 hours a day, toll free)

Niigata Prefecture Disaster Prevention Navigator

Cycling Map App

"Tour-De"

(82-2 Takenomata, Minamiuonuma City)

Emergency medical telephone counseling

☎025-284-7119 / #7119 (Push phone / Cell Phone)

☎025-288-2525 / #8000 (Push phone / Cell Phone)

(generally for persons 15 years of age and older)

(450-1 Yokkamachi, Uonuma City)

Emergency and Rescue

(children under 15 years old)

Incidents and accidents

Koide Police Station

Minamiuonuma Police Station

(320-4 Koguriyama, Minamiuonuma City)

(243-1 Inokuchi Shinden, Uonuma City)

falling objects or dirt on the road.



Website

23110

2025-770-0110

2025-793-0110

plateau in fall and a blanket of pink blossoms in spring. ou can also enjoy soba noodles and sweets made with ingredients grown in the naturally rich Uonuma soil.

6 50km Tour to Enjoy Uonuma Flowers and Excellent Soba Noodles and Sweets

5 Journey from Urasa Station! 30km Leisurely Ride to Eat Majidon

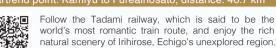
This route, which allows you to enjoy Uonuma's rice and

water, starts at Saifukuji, a temple housing famous sculptures

You can enjoy seeing cosmos in full bloom on the

by "Japan's Michelangelo," Ishikawa Uncho. You can also earn about Yukimuro (snow house) at Uonuma no Sato.

45 km To View the Tadami Line and the Goddess of Oike



3 50km Hill Climb Challenge to Mt. Omine, a Hidden Scenic Spot in Yuzawa



At the end of a 6km uphill climb is the Mt. Omine viewing platform, where you can overlook the town of Yuzawa and the great natural landscape surrounding it. There are also sweets, onsen, and foot baths to enjoy.

Bicycle Rental (rental bicycles with e-assist)

■ Echigo-Yuzawa Station West Exit, Yukiguni Kankosha

City bikes

Cross country bikes 1,100 yen/2 hours, 2,200 yen/4 hours, 4,400 yen/8 hours, 5,500 yen/24 hours

2,200 yen/2 hours, 3,300 yen/4 hours, 5,500 yen/8 hours, 6,600 yen/24 hours

■ MUSUBI-BA, Muikamachi Station East Exit 1F ☎025-778-0511 Rental hours: 9:00-16:00 (Return rentals by: 17:00)

Rental & return hours: 9:00-17:00 (Same as Information Center hours) *Closed on Tuesdays

■ 1,000 yen/2 hours, 1,500 yen/4 hours, 2,000 yen/6 hours, 2,500 yen/night for 2 days (from the time of rental until 12:00 the next day)

■ Fujiya (sake shop in front of Koide Station) ☎025-792-0038

2,500 yen/2 days (return by 17:00 the following day / not available on Wednesdays)

Five Rules for Safe Bicycle Use + Bicycle Insurance

■ Download by scanning the QR Code

Bicycles should be driven on the left side of the road. Pedestrians have priority on sidewalks.

[Cases when bicycles are allowed on the sidewalk] When a child under 13 years of age, an elderly person over 70 years of age, or a physically disabled person rides a bicycle When there are signs or markings that say "Regular Bicycle

Obey traffic signals and stop signs, and check for safety.

★Be sure to obey traffic signals and check for safety when crossing. ★At intersections with stop signs, be sure to stop and check for safety on both sides.

Turn on lights at night.

reflective equipment. Orinking and driving is prohibited. *As with automobiles, you should not ride a bicycle when you

★Always turn on your lights at night and ride your bicycle with

have been drinking alcohol. Wear a helmet.

★All bicycle users should wear a riding helmet to reduce the damage caused by accidents

become mandatory for bicycle users to wear helmets. Please buy bicycle insurance.

With the enforcement of the revised Road Traffic Law, it has

The "Niigata Prefecture Ordinance on the Promotion of Safe and Proper Use of Bicycles" has come into effect, requiring bicycle users and their guardians to purchase bicycle insurance.

Yukiguni Kankosha "Tabichari'

☎025-785-5353 Rental hours: 9:00-17:00

880 yen/2 hours, 1,100 yen/4 hours, 1,650 yen/8 hours, 2,750 yen/24 hours

Mountain bikes

Minamiuonuma City "Satoyama Minicle"

■ Uonuma-Urasa Station Tourist Information Center "MYU" on the 2nd floor of Urasa Station 2025-775-7244

Minicle

Rental Fee: same for both mini and sports type bikes

*all prices include tax, accident insurance, and bicycle repair warranty.

Uonuma Renta Cycle Location

Rental hours: 9:00-17:00 *Closed on Thursdays

Fee/ sports-type bikes (3 available)

■ 1,000 yen/2 hours, 1,500 yen/4 hours,2,000 yen/6 hours

*all prices include tax and insurance

Bicycle Taxi Service [bikes load in by ramp]

Uonuma Chuo Transport Co.

Yuzawa Uonuma Taxi Co.

(1827 Yuzawa, Yuzawa Town)

(Uonuma Chuo Taxi/42-15 Kimizawa, Minamiuonuma City) Urasa Taxi Co. **2**025-777-3456 (324-4 Urasa, Minamiuonuma City) Ginrei Taxi Co. (1840 Muikamachi, Minamiuonuma City)

Yamato Taxi Co. **☎**025-777-3142 (1401-2 Urasa, Minamiuonuma City)

*cab with rack carries 2 bikes/minivan holds 4 bikes





*base fee for bikes is 1,000 yen (500 yen for wheelchairs)



2025-783-3677

Cycling Promotion Council

Minamiuonuma Civic Hall, 865 Muikamachi, Minamiuonuma City TEL.025-773-6630 FAX.025-772-8161 E-mail sports@city.minamiuonuma.lg.jp



| | List | of cycle stations | | |
|--------------|---------|--|-----------------------------------|------------------|
| Area Spot | | · | Location | Telephone number |
| | K-6 | West exit of Echigo-Yuzawa Sta. (Yukiguni Kankosha) | 2431-1 Yuzawa, Yuzawa Town | 025-785-5353 |
| | K-5 | 2 Yuzawa Culture Center | 628-1 Kandatsu, Yuzawa Town | 025-784-1511 |
| | J-6 | 3 Seven-Eleven Yuzawa-Rakuchou shop | 1704-1 Yuzawa, Yuzawa Town | 025-788-1370 |
| | K-5 | 4 Seven-Eleven Chuetsu-Yuzawa-Kandatsu shop | 1462-1 Kandatsu, Yuzawa Town | 025-785-5547 |
| Yuzawa Town | K-6 | 5 FamilyMart Yuzawa-Narayama shop | 183-6 Kandatsu, Yuzawa Town | 025-785-2210 |
| | K-6 | 6 Roadside Station Mitsumata | 1000 Mitsumata, Yuzawa Town | 025-788-9410 |
| | K-6 | xraebsports shop | 39-8 Kandatsu, Yuzawa Town | 025-788-1788 |
| | J-6 | Yuzawa Kogen Panorama Park | 490 Yuzawa, Yuzawa Town | 025-784-3326 |
| | K-4 | Daigenta Canyon Campground | 3064-17 Tsuchitaru, Yuzawa Town | 025-787-3536 |
| | Off Map | 10 Yamadorihara Park | Mikuni, Yuzawa Town | 025-789-1666 |
| | J-6 | 11 GALA YUZAWA Ski Resort | 1039-2 Yuzawa, Yuzawa Town | 025-785-6421 |
| | K-5 | 12 Yuzawa-Chuo Park | 151-1 Tsuchitaru, Yuzawa Town | 025-787-3388 |
| | J-6 | Yuzawa Museum of History and Folklore "Yukiguni-kan" | 354-1 Yuzawa, Yuzawa Town | 025-784-3965 |
| Minamiuonuma | I-5 | 14 Seven-Eleven Chuetsu-Shiozawa-Chuo shop | 390-1 Naka, Minamiuonuma City | 025-783-3717 |
| | H-5 | 15 Bokushi Street | 1203 Shiozawa, Minamiuonuma City | 025-782-0718 |
| | H-5 | 16 Seven-Eleven Chuetsu-Shiozawamachi shop | 471-1 Shiozawa, Minamiuonuma City | 025-782-5052 |
| City | H-4 | Untoan Temple | 660 Unto, Minamiuonuma City | 025-782-0520 |

| Area Spot | | Location | Telephone number |
|-----------|---|--|------------------|
| I-4 | Seven-Eleven Minamiuonuma-Hayakawa shop | 164 Hayakawa, Minamiuonuma City | 025-775-7775 |
| I-5 | 19 Ohara Sports Park | 417 Manjoshinden, Minamiuonuma City | 025-783-3533 |
| I-6 | 10 Uono-no-Sato | 699 Ubashimashinden, Minamiuonuma City | 025-783-6788 |
| I-6 | Seven-Eleven Chuetsu-Shiozawa-Minami shop | 1172-1 Seki, Minamiuonuma City | 025-783-5031 |
| I-5 | 22 Roadside Station Minamiuonuma Yukiakari | 855 Shimohitoichi, Minamiuonuma City | 025-783-3377 |
| J-6 | 3 Ishiuchi Maruyama Resort Center | 1699 Ishiuchi, Minamiuonuma City | 025-788-0707 |
| H-4 | | 91-2 Muikamachi, Minamiuonuma City | 025-788-0552 |
| H-4 | 25 ryugon café | 1-6 Sakado, Minamiuonuma City | 025-772-3470 |
| H-4 | 25 Zenibuchi Park | 399-1 Sakado, Minamiuonuma City | 025-772-4973 |
| G-4 | Seven-Eleven Minamiuonuma-Futsukamachi shop | 258-1 Futsukamachi, Minamiuonuma City | 025-773-3280 |
| H-2 | 3 Shakunage Tourism Center | 745-48 Butai, Minamiuonuma City | 025-774-2200 |
| G-3 | 29 Hakkaisan Ski Resort | 1610 Yamaguchi, Minamiuonuma City | 025-775-3311 |
| G-3 | 30 Uonuma-no-Sato(Hakkaisan-Yukimuro) | 1051 Nagamori, Minamiuonuma City | 025-788-0808 |
| G-4 | 31 FamilyMart Acorp-Fumoto shop | 108-4 Fumoto, Minamiuonuma City | 025-775-3715 |
| G-4 | Seven-Eleven Minamiuonuma-Aokishinden shop | 871-1 Aokishinden, Minamiuonuma City | 025-776-2566 |
| G-5 | 33 Seven-Eleven Minamiuonuma-Yokawa shop | 1748-3 Yokawa, Minamiuonuma City | 025-772-8551 |
| H-4 | 34 Minamiuonuma Civic Hall | 865 Muikamachi, Minamiuonuma City | 025-773-6630 |

| Area | | Spot | Location | Telephone number |
|-------------------|-----|--|--|------------------|
| | H-4 | 35 Disport Minamiuonuma | 372 Sakado, Minamiuonuma City | 025-773-6620 |
| | E-4 | 36 Seven-Eleven Urasa-Ekimae shop | 926-1 Urasa, Minamiuonuma City | 025-777-2139 |
| | E-4 | 3 Yukiguni Okunijiman Kaikan | 2467-2 Urasa, Minamiuonuma City | 025-777-4535 |
| Minam | F-4 | 33 Seven-Eleven Chuetsu-Yamato-Minami shop | 1623-1 Hitomurao, Minamiuonuma City | 025-777-5529 |
| Minamiuonuma City | E-3 | 39 Yaironomori Park | 5483-1 Urasa, Minamiuonuma City | 025-780-4560 |
| na City | E-3 | 40 Lawson Uonuma-Kikan-Byoinmae shop | 4069-1 Urasa, Minamiuonuma City | 025-777-3763 |
| | F-3 | 41 Hakkaisanroku Cycling Terminal | 70 Aragane, Minamiuonuma City | 025-779-3230 |
| | F-3 | Seven-Eleven Chuetsu-Yamato-Kitasato-Street shop | 435-1 Kurotsuchishinden, Minamiuonuma City | 025-779-2838 |
| | F-3 | 43 Hakkaisanson Shrine | 4161 Osaki, Minamiuonuma City | 025-779-2010 |
| | D-3 | 4 Uonuma City Tourism Association | 1144 Yoshida, Uonuma City | 025-792-7300 |
| | D-2 | 45 YuuPark Yakushi | 643-1 Nanokaichishinden, Uonuma City | 025-792-5554 |
| | D-3 | 45 Komami,a Hot Spring With a View | 2083-1 Aoshima, Uonuma City | 025-792-8001 |
| Jonun | C-2 | 47 Kamiyu Onsen | 583 Kiyomoto, Uonuma City | 025-799-3350 |
| Uonuma Citv | B-2 | 48 Monozukimura | 40-1 Mifuchisawa, Uonuma City | 025-799-4801 |
| ` | B-2 | 49 Meguro Residence | 892 Suhara, Uonuma City | 025-797-3220 |
| | A-1 | Roadside Station Irihirose | 356-2 Otochiyama, Uonuma City | 025-796-2500 |
| | A-1 | 5 Suwa Onsen | 12 Anazawa, Uonuma City | 025-796-3033 |

292-4 Sakado, Minamiuonuma City 2025-773-3333

Long-term bicycle parking space free of charge for gue

Daytime onsen 1000 yen, 500 yen for guests after check-out

[MAP H-4] 2 ryugon

1-6 Sakado, Minamiuonuma City 2025-772-3470 • Free access to the hot spring baths from 12:00 before check-in and until 15:00 after check-out for overnight guests.

[MAP K-6] 3 Echigo Yuzawa HATAGO Isen

2455 Yuzawa, Yuzawa Town 2025-784-3361

• Free access to the hot spring baths from 12:00 before check-in and until 15:00 after check-out for overnight guests.

[MAP J-6] 4 Inoya Inn

104 Ishiuchi, Minamiuonuma City ☎025-783-2470 • Shower available anytime during your stay • Drying room available

Valuables lockers available Free parking available

Onsen 500 yen Free drinking water for refillable bottles

[MAP H-4] 5 Kinseikan Grace Court Realis

1-12 Sakado, Minamiuonuma City 2025-772-2377 Bicycle can be taken into the guest room Free long-term parking for regular and large vehicles

[MAP J-6] 6 Mise Inn

2026 Ishiuchi, Minamiuonuma City ☎025-783-2532 Mini tandem bicycle rental (2,000 yen / 3 hours)

[MAP G-4] 2 Bike Friend Shiokawa

265-13 Itsukamachi, Minamiuonuma City ☎025-776-2069

[MAP D-3] 3 Cycle Maintenance Stand

379-1 Tado, Uonuma City ☎025-794-5315

1775 Muikamachi, Minamiuonuma City

[MAP D-3] 4 Yunotani Jidosha Nanokaichi Branch 69 Nanokaichi, Uonuma City ☎025-792-0868

[MAP C-3] **5 Motor Shop Yamashige** 1568-1 Imaizumi, Uonuma City

2025-799-3115

[MAP D-3] 6 Sakurai Bike Shop 283-3 Hitoichi, Uonuma City

☎025-792-2259 [MAP C-3] Sakurai Bike Shop Branch Store 9 Namiyanagi, Uonuma City

☎025-799-2475 [MAP C-3] 8 Matsuda Bike Shop

99-16 Oyagara, Uonuma City

☎025-797-2133

☎025-799-2144 [MAP B-2] 9 Tsubaki Ringyo Bike Shop

2947-Ne Suhara, Uonuma City